



**One Small Town**

# HEALTH CENTER

**Lebanon – Ras El Matn**

Last Updated Version

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# Welcome to One Small Town

**ONE SMALL TOWN** is a global initiative aiming at **turning small towns into prosperous and abundant communities** through **cooperation and collaboration**, making them **highly attractive investment havens** for investors.

It offers a comprehensive plan encompassing all sectors of our lives, such as community development, arts and culture, health, technology, education, housing, agriculture, food security and so much more.

This community-driven initiative has been refined over 17 years through research, involvement in International activities, community projects, funding strategies, and a critical examination of the shortcomings of the current socio-economic system.

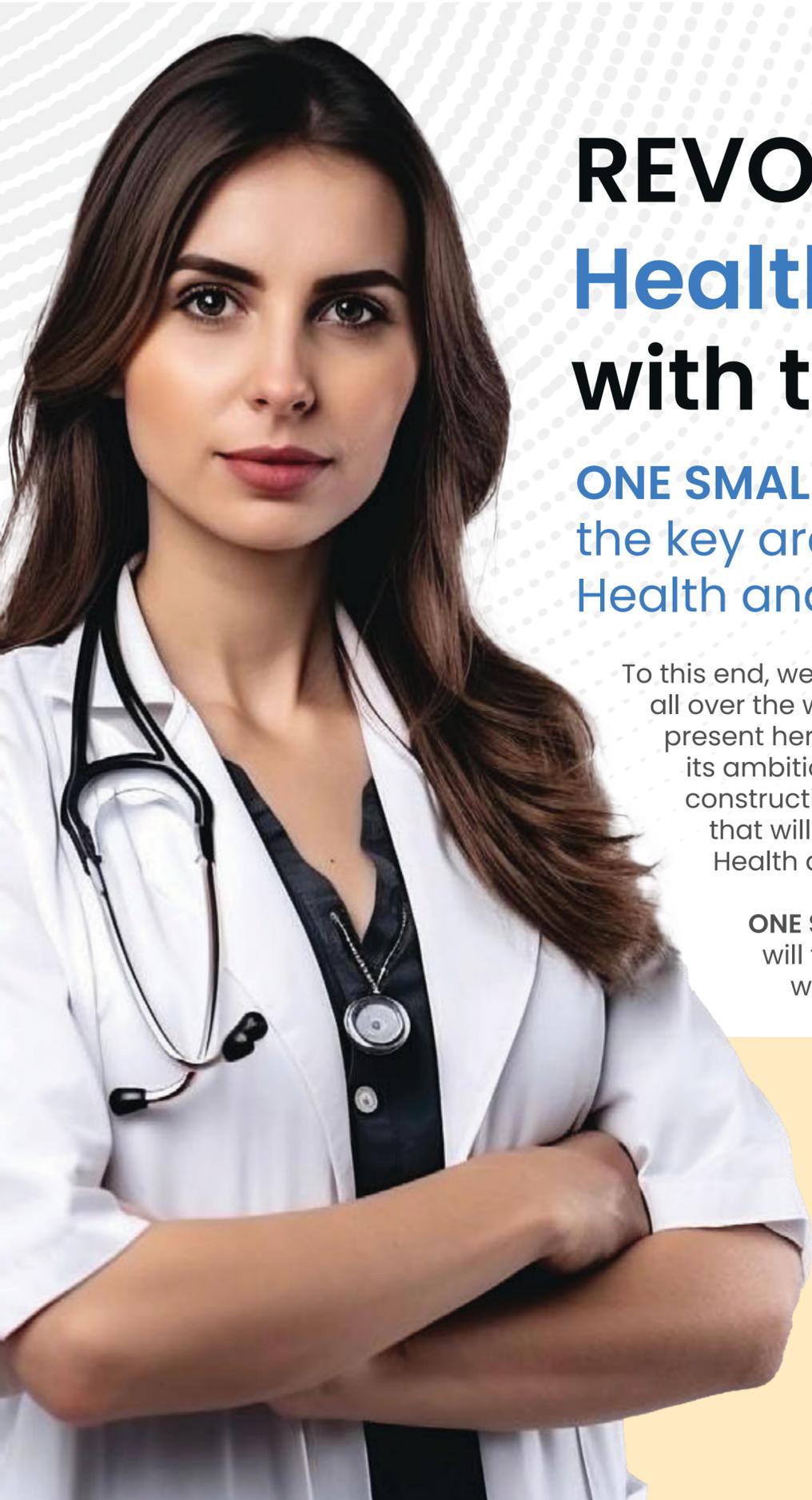


**One Small Town**  
IS CHANGING THE WORLD

**Today, ONE SMALL TOWN has evolved into a well-established philosophy embraced by millions worldwide.**

It emphasizes that **the power resides in the hands of the people** and that unity is essential to achieving our goals. We call this system **Contributionism** where **we all work together** in a **cooperative and collaborative way** for the **common good** of our community.





# REVOLUTIONIZING Health and Wellness Worldwide with the One Small Town Spirit

**ONE SMALL TOWN** is active in all sectors, and one of the key areas where we are making a difference is Health and Wellness.

To this end, we intend to build Health Centers all over the world. The Health Center we present here is the first of its kind, and its ambition is to pave the way for the construction of similar Health Centers that will completely reshape the world of Health and Wellness on a global scale.

**ONE SMALL TOWN Health Centers** will fuse cutting-edge technology with holistic wisdom by

offering advanced medical services, preventive measures, and curative solutions.

We take a comprehensive approach that considers not only medical treatment but also the social, psychological, spiritual and environmental factors affecting health. Our therapies will also address issues such as nutrition, mental health, and community well-being.



## OUR MISSION

Our mission is to **raise the standard of Health and Wellness** in the world by providing top-quality services that are accessible to all.

# THE CONTRIBUTIONIST MODEL

## at the Core of the Organization of our Health Centers

ONE SMALL TOWN Health Centers distinguish themselves through Contributionism. This philosophy values individual talents contributing to society, emphasizing community benefit over money.

Our Health Centers rely on local ONE SMALL TOWN members' voluntary involvement for a minimum of three hours per week, alongside permanent staff. Contributing members actively participate in decisions, resource allocation, and overall operations, promoting a strong sense of ownership, deeper understanding of community needs, and heightened accountability.

Our team of Contributing members, which is made up of both medical and non-medical professionals (such as receptionists, admin, IT, drivers, security, cooks, etc), adds significant value to the Health Center.

This, in turn, transforms our health centers into places characterized by human connection, unity, and well-being for clients, staff, and visitors. Consequently, clients benefit from highly personalized care.

Through our Contributionist model, individuals and local businesses can contribute resources like medical supplies, equipment, organic food, and financial support to our Health Centers. This collaborative effort, combined with our volunteer workforce, keeps expenses in check, allowing us to adopt an inclusive pricing policy suitable for all budgets. This ensures that the services offered by our Health Centers remain accessible to a broad spectrum of people without compromising on quality, ultimately enhancing their sustainability over the long term.



# DISCOVERING RAS EL MATN

We are delighted to present our very first ONE SMALL TOWN Health Center, built in Ras El Matn, Lebanon.

Nestling in the magnificent Mount Lebanon region in central Lebanon, known for its beautiful landscapes, mountains, valleys and forests, with a spectacular view of the Mediterranean sea, Ras El Matn provides the perfect tranquil location for a world class health center.

You will be amazed by the panoramic views of the surrounding natural beauty. You will discover Lebanon's rich historical and cultural heritage influenced by a mix of Arab, Mediterranean, Phoenician, and Western elements. You will also be able to enjoy the local produce of olives, honey, pine nuts, organic oils, vegetables and fruit.

At ONE SMALL TOWN, we want our Health Centers to be places of healing and recovery, but we also attach great importance to making your stay a pleasant, relaxing and fulfilling experience, rich in discovery. That is why we make sure that, surrounded by the people you love, you can take advantage of a unique setting and exceptional tourist spots to ease your convalescence.



# THE PERFECT HOME

## for our One Small Town

### Health Center in Ras El Matn

ONE SMALL TOWN knows that good health requires not only a deep sense of connection with others, but also with nature and our environment. We therefore chose the site of our Health Center in Ras El Matn with the utmost care.

Upon arrival at our Health Center, you will be charmed by the pine forest and park. Enjoy walks, fresh air, the majesty of our trees, animal interactions, and wellness activities such as yoga or chakra chanting.



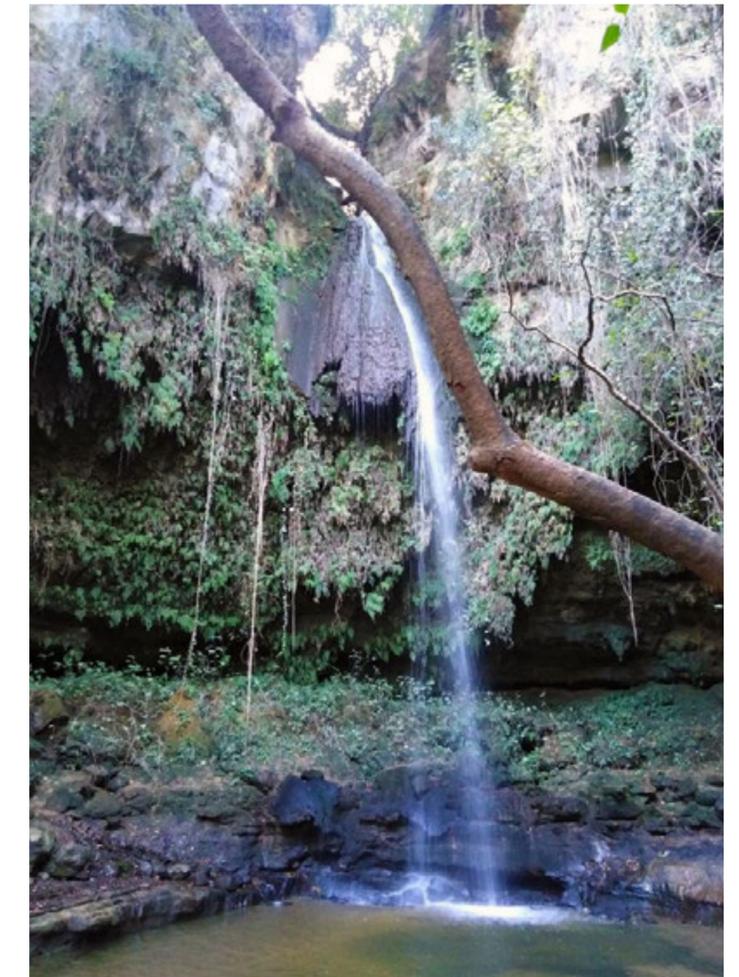
It is an ideal place to boost immunity, uplift your mood, and find inner peace. Our hostesses will be delighted to give you details of all our outdoor activities.

In this exceptional setting stands our – Six storey building, each with a floor area of over 450 sqm. It is the right amount of space to accommodate all the departments

and equipment required to meet the various medical needs of our clients, while offering treatment areas that are vast, airy, welcoming and adorned with plants.

We also want to make our building resolutely open to the surrounding nature, which is why our customers can enjoy an open-air space on the rooftop where they can appreciate the panoramic view of the valley below or take advantage of all the health benefits of our oxygen bar.

We are sure you will find everything you need to indulge yourself and give your health the very best it deserves.



# THE RAS EL MATN HEALTH CENTER PREMISES

At **ONE SMALL TOWN**, you are a valued client, and we know that your health matters more than anything else. Therefore, we make it a point of honor to ensure that our Health Center is home to the very best in Health and Wellness. This means that cutting-edge technology will always sit side by side with ancient wisdom and the latest breakthroughs in medical research.

No less than six floors are dedicated to your wellbeing. We aim to cover every area of health, and provide diverse complementary therapies so that you can receive the best care possible, whatever the cost and whatever your medical needs.

On the following pages, you will find a detailed description of the services offered by our various departments.

If you or your loved ones are coming by car, you can easily leave your vehicle in our parking lot at the foot of the building.

If you are traveling by ambulance, a ramp will help ambulance drivers get you into our Health Center.



*Front view of OST Health Center shortly after completion*



*Rooftop View*



*Surrounding Nature*

# DIAGNOSTIC CENTER & MINOR SURGERY

Basement 2 (-2 Floor)

- Specialized blood analysis and laboratory facilities
- State-of-the-art diagnostic center with advanced imaging technology & Thermal scanning
- Minor Surgery and Preparation Room
- Cosmetic surgery
- Eye scan and eye surgery



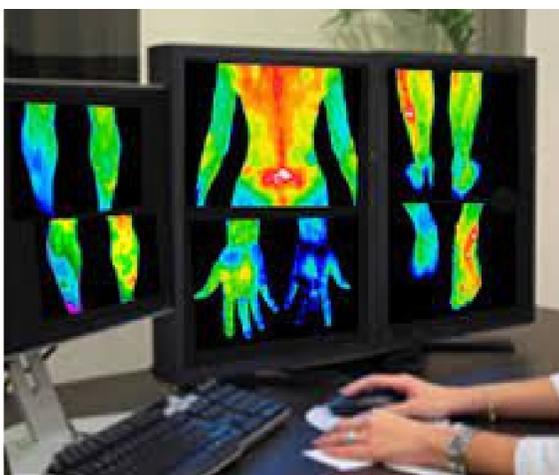
## Description

Our advanced diagnostic center offers a wide range of imaging services to aid in accurate diagnoses. Our team of skilled radiologists interprets the results and provides comprehensive reports. Minor surgery is also provided using state of the art equipment .



## Advanced Technologies

We house safe technologies such as Thermal scans, digital X-rays, and ultrasound machines to provide detailed and precise imaging for accurate diagnosis and monitoring of conditions without causing side effects or affecting organs.



# OXYGEN, OZONE, COLON, FREQUENCY MACHINES

## Basement 1 (-1 Floor)

- Hyperbaric oxygen chambers x2 75psi Sigma 36
- Colon cleanser
- Ozone sauna and therapy
- Royal Rife technology for advanced treatments using oscillating pulsed electric fields
- IV drips (vitamins, ozone cocktails and energy boosters)



### Description

Every sickness has its cause. We enhance the immune system, and give it the power it needs to deal with symptoms and heal the body using advanced yet logical applications that are peer reviewed and FDA approved.



### Advanced Technologies

Our facility is equipped with advanced technologies, such as the top of the range hyperbaric oxygen chamber, laser ozone therapies, PEMF device, a Rife machine which can attack cancer cells and certain microbes and more. We constantly evaluate new techniques and applications to ensure that our health center always leads the way in healing therapies world-wide. Examples of protocols used for toxic metals and Nano particles in the body is by first isolating them using a faraday cage and then starting the process of extraction.



# OPHTHALMOLOGY, OTOLARYNGOLOGY CLINICS & ORGANIC STORE

## Ground Floor (0 Floor)

- Welcome reception area with a soothing and inviting ambiance with healthy negative ions being dispersed in the atmosphere
- Organic Store, Feng Shui store, Organic healthy kitchen
- Crystals, Homeopathic medicine and other natural remedies
- Optics, ophthalmology, and otolaryngologist clinics with a calming atmosphere
- Showrooms showcasing beauty and medical equipment
- Cosmetics applications, services and natural products
- Ample parking spaces available. The gardens at the back of the Health Center may be accessed via the stairs or a playful slide



### Description

Our optical, ophthalmology, and otolaryngology clinics offer comprehensive eye and ear care services. Our team of experienced specialists conducts thorough examinations and provides personalized treatment plans.



### Advanced Technologies

We utilize cutting-edge technologies such as high-resolution retinal imaging for early detection of eye diseases, computerized visual field testing to assess visual function, and advanced audiology equipment for precise hearing assessments.



# PEDIATRIC, CARDIOLOGY AND DENTISTRY CLINIC

## First Floor

- Pediatrics, obstetrics, and cardiology clinics designed with a comforting environment in mind
- Oncology and chronic diseases departments with a tranquil atmosphere
- Specialized services for live blood analysis
- Full installation and setup for dentistry including cbct scan
- Restful waiting areas for clients and their families



### Description

Our specialized clinics on the first floor provide comprehensive care for children's health, cardiovascular conditions, and chronic diseases. Our expert physicians offer personalized treatment plans for each client.



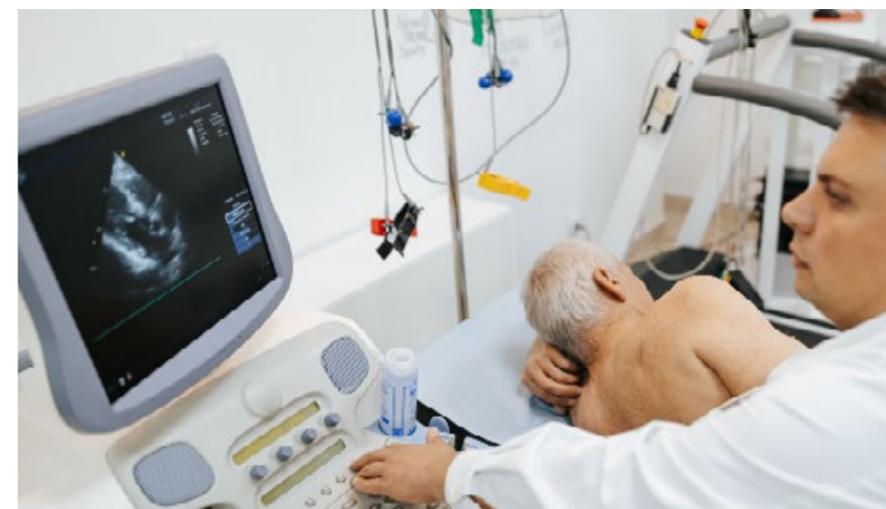
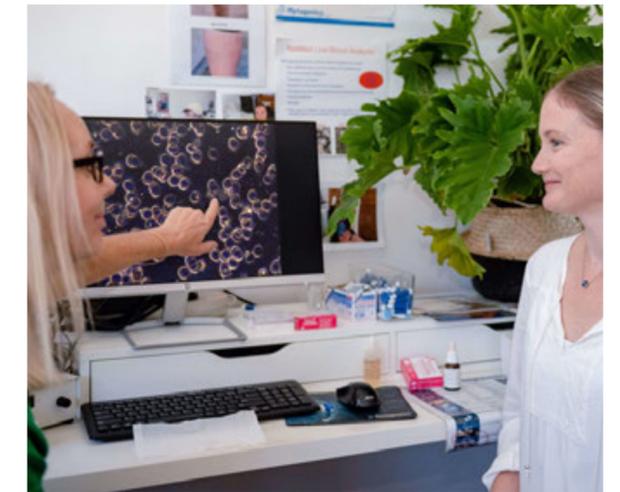
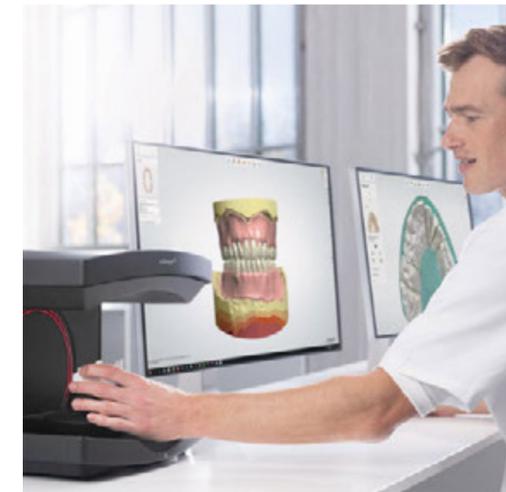
### Advanced Technologies

We employ advanced technologies such as pediatric cardiac ultrasound for accurate assessment of heart conditions, advanced cardiac diagnostics to evaluate cardiovascular health, and state-of-the-art infection control measures to ensure a safe environment.



### Protocols

Our philosophy is 'prevention is the best cure', which means we rely on our natural immunity. We can achieve this through our scientific based holistic protocols. Which include detox and cleansing of the liver, kidney, bowel and intestines amongst others. Getting rid of parasites, metals and toxins is essential and we do that through special natural plant medicines, health cocktails and mixtures & colonic flushing.



# MORE HEALTH CARE CLINICS

## Second Floor

- Dermatology & Skin care
- Psychotherapy & Psychology
- Acupuncture
- Physiotherapy
- Cryotherapy
- Biofield Tuning
- Sensory Deprivation Tank
- Holistic Nutritionist

### Dermatology & Skin care

A clinic specializing in dermatology focuses on diagnosing and treating various skin, hair, and nail conditions, as well as providing cosmetic laser procedures and skin care treatments.

### Psychotherapy & Psychology

Therapeutic services to individuals dealing with mental health issues, providing counseling, talk therapy, and other psychological interventions to help clients address their emotional and psychological well-being.

### Acupuncture

Acupuncture is an ancient Chinese method to maintain health and to treat sickness. It is based on balancing energies (Chi) in and around the body. Needles can be used to flow the Chi, but also laser, small electric devices and even acupressure.

### Physiotherapy & Chiropractic

A physiotherapy clinic provides rehabilitation services for individuals recovering from injuries, surgeries, or other physical ailments. It focuses on improving mobility, reducing pain, and restoring functional abilities through targeted exercises, manual therapy, and other physical modalities. Chiropractic adjustment does miracles for your posture, neck, spine and general bones amongst others.

### Cryotherapy

Cryotherapy is a treatment that involves freezing or near-freezing temperatures. Several studies show that cryotherapy can be helpful to reduce muscle and joint pain. It may also help to reduce inflammation, as well as reduce anxiety and depression. The Dutch Wim Hof has proven many benefits of exposure to cold in a scientific way.

### Biofield Tuning

Biofield Tuning is a holistic therapy that focuses on the human biofield, the energy field surrounding the body. A clinic offering biofield tuning provides sessions that aim to identify and release energetic blockages, potentially promoting overall well-being and balance.

### Sensory Deprivation Tank

A sensory deprivation tank is used for restricted environmental stimulation therapy. It is a dark, soundproof tank which is filled with some salty warm water. It may relax the body, decrease stress, anxiety and pain. It is a unique practice that seems to simulate an experience, as if we were back in the womb.

### Holistic Nutritionist

Holistic nutrition is a comprehensive approach to eating and nourishing the body that recognizes the interconnectedness of the mind, body, and spirit. It goes beyond focusing solely on individual nutrients or calories and takes into account the unique needs, lifestyle, and environment of each individual. Advising the use of organic products.



# ROOFTOP

- 8 beds for Clients to Rest, Relax & Recover
- Oxygen Bar for Clients
- Massage Therapy
- Healing Modalities
- Homeopathy

## 8 beds for Clients to Rest, Relax & Recover

These beds are available for clients who need a place to rest and relax. They are located in a quiet and peaceful area, with stunning views of the surrounding nature. The beds are equipped with comfortable mattresses, fresh linen, and all the necessary accessories for restful recovery.

## Oxygen Bar

A great place for clients to get a boost of oxygen and a boost in healing, with a variety of cocktail-like oxygen flavors.

## Massage Therapy

There are many types of massages. We aim to give you the best relaxation, pain relief and also connection with your body. During a massage session a client gets in touch with the physical and emotional body. This enables a client to release tense areas, stress and stuck emotions. A regular profound massage is also a helpful tool in preventing disease and stress.

## Healing Modalities

Healing is as old as the human race itself. Our body is self-healing. For instance when you have a wound in the skin, it will close by itself. Our Healers use strong and high vibrational energies to help clients to heal imbalances in the physical body, in the emotional and mental body. Reiki, chakra healing and spiritual healing are profound and proven modalities to help clients improve their health, happiness and overall well-being.



## Homeopathy

Dating back to the Greeks and Egyptians, modern Homeopathy was introduced in 1796, by German doctor Samuel Hahnemann. Today, homeopathic remedies and treatments are well established and used with great success. The homeopathic therapist asks important questions regarding lifestyle, character and symptoms, to determine the perfect remedy for the client.



# NATURE AREA

## Landscaping and Greenery

We are creating a well-maintained landscape by incorporating a waterfall, trees, shrubs, flower beds, and grassy areas. This will enhance the aesthetic appeal of the health center and provide a pleasant environment for clients and visitors.

## Seating Areas

Enjoy the serene seating areas thoughtfully designed with winding walkways and paths. Providing a peaceful connection to nature for clients, visitors, and staff.

## Outdoor Exercise Area

Our outdoor exercise area will welcome you to promote wellness through outdoor exercise, earthing, mud baths and yoga practices, creating a serene sanctuary for relaxation and contemplation.

## Mud Baths

Mud baths have many benefits. They can improve skin conditions, relax sore muscles and joints and can relief joint pain.

## Grounding Area

Walking barefoot, touching the trees, plants and soil, is like a magical therapy session. The ground has a negative electrical charge and it neutralizes harmful positively charged electricity that builds up in our bodies. Earthing, also known as grounding, allows excess electricity to discharge into the ground, and this stabilizes our physiology at the deepest cellular levels, reduces inflammation, pain, and stress, improves blood flow, energy, and sleep, and generally improves our well-being.

## Art & Zen

Integrated art & zen sculptures, crystals and murals in the outdoor area add to aesthetic appeal and create a visually stimulating environment. These artistic elements contribute to a healing and positive atmosphere for clients and visitors.



# ANIMAL AREA

## Bee Hives, Bees and their Products

### Bee Hive Air Therapy

Is very beneficial for many diseases, especially respiratory problems and allergies.

### Bee Vibration Therapy

Used for coherency and the production of nitric oxide in the body, which helps to dilate blood vessels and increase blood flow. This reduces inflammation and promotes healing .

### Bee Venom

Used to cure & prevent arthritis with the help of hormones called glucocorticoids.

### Beekeeping

Enables clients to get honey, pollen and propolis. Being around bees is also nourishing for the heart and soul.

## Chickens and Goats available for:

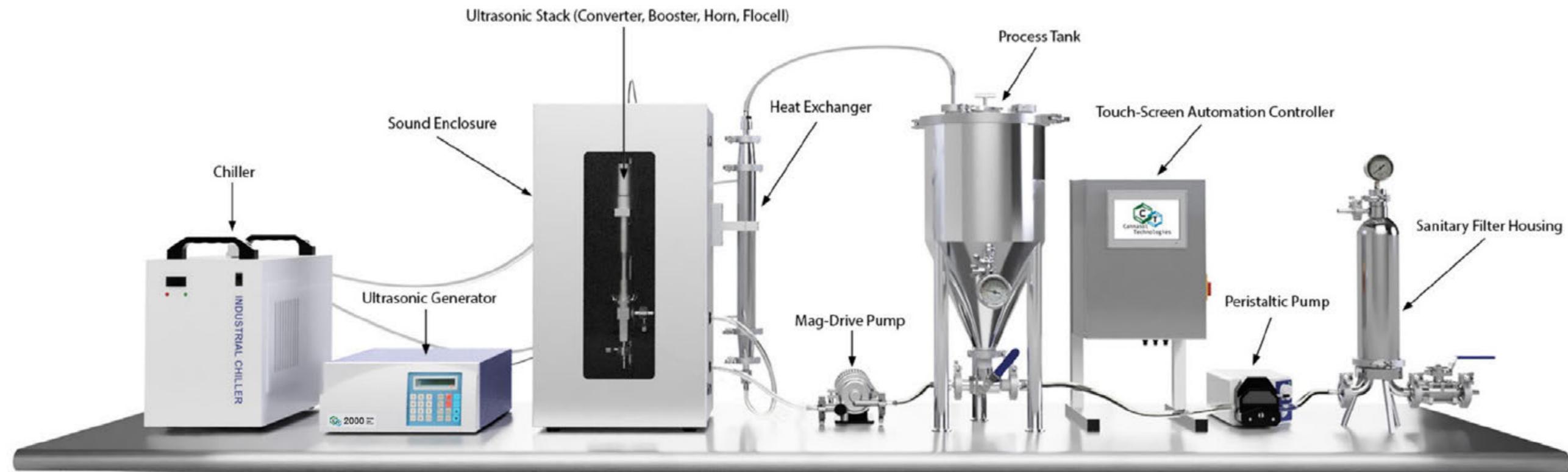
Organic free-range eggs and fresh goat milk and cheese, for our clients, staff and visitors. A space where our clients can interact with animals and nature, as a powerful therapeutic protocol.



# NEW NANO EMULSIFIER AT OUR OST HEALTH CENTER

This state of the art Nano emulsifier, means we can organically and molecularly create a wide variety of products for our clients, our retail and wholesale outlets. These small particles of water and oil enable the digestive system to absorb the beneficial components of products more effectively.

It uses an ultrasonic extraction technique, compared to conventional ethanol extraction. This enables us to extract a highly concentrated essence of active ingredients, minerals and vitamins from plants and other source materials like mushrooms with robust cell walls. The minute particles are much easier to absorb and go to work in our bodies. All done at fractals of 432 hertz, which is very beneficial for our bodies.



# ORGANIZING YOUR STAY at our Ras El Matn Health Center

Ras El Matn is about 30 kilometers from Beirut and Beirut-Rafic Hariri International Airport. Depending on traffic conditions, it only takes 30 to 40 minutes to drive from Beirut to Ras El Matn, making our Health Center easily accessible by private car, ambulance, cab, car rental or car sharing. For your convenience, our Health Center will also offer transport services.

If you are coming by car, drive east towards Sin El Fil, and then to Mansourieh. From there stay on the scenic road through the beautiful mountains called Montevedra (green mountain), where in less than 20 minutes you will reach to Ras el Matn.

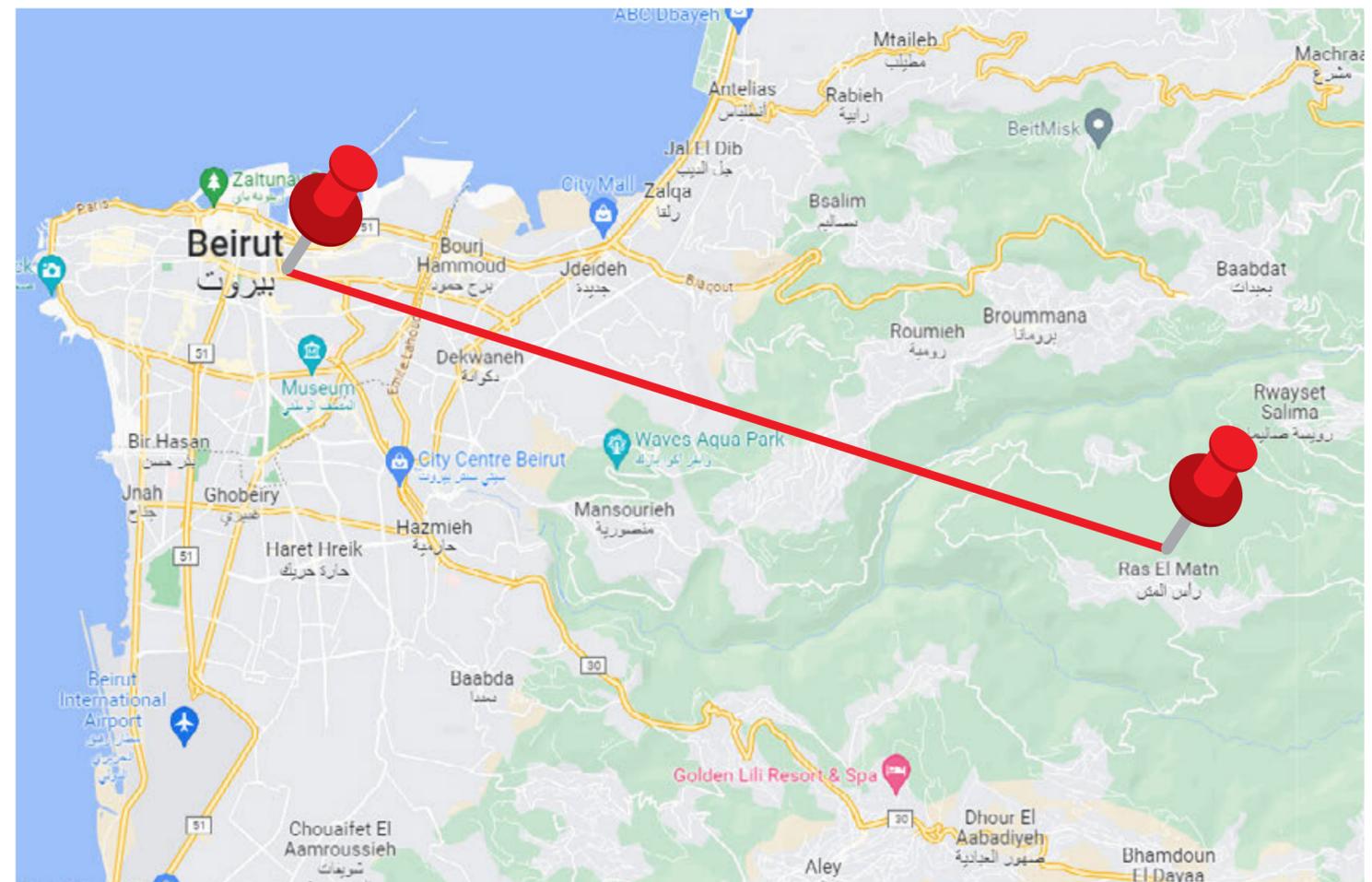
The health center is located upon entering the village.

## Hotel

The One Small Town Hotel is now available for our clients to recover from treatments. It is a beautifully furnished and fully equipped, 5-floor and 24 room facility for short-term and long-term stay. It is also suitable for holiday accommodation. We provide transfers to and from the airport in Ras el Matn, and a daily shuttle for clients to the health center. Additional services such as a personal chef, full time nurse, massage therapy, physiotherapy and other therapies are available on request. We will gladly arrange an unforgettable tourist excursion for our clients, to ancient sites such as Baalbek and others.

It is a 3 minute car ride from the health center.

We know how important it is to be surrounded by loved ones to facilitate healing, and we are committed to offering you accommodation packages so that your relatives can be as close as possible to you.



# HEALTH CENTER HOTEL

A brand new 5 floor building. Exclusively for the ONE SMALL TOWN Health Center clients and guests.

The hotel comprises of 8 apartments, covering 24 rooms.

Accommodation includes an underground parking area; 24/7 nurse availability; massage therapy; physiotherapy, gym, sauna, a private chef for preparing healthy meals, and a few more bells and whistles, and constant support or assistance from the friendly OST Ras el Matn members.

There is WiFi and around the clock security.

Our OST Hotel has very affordable prices and is part of a health insurance package, which is available by the health center for treatments and lodgings.

Airport pick up & drop off is available.

A daily shuttle is provided to transport clients and guests between the OST hotel and the Health Center.

Clients can stay for as long as needed to get back into shape and reach the health levels that they require, provided there is availability.

The OST tourism team will gladly arrange an unforgettable tourist excursion for our clients, to ancient sites such as Baalbek and others.



# FINANCING TREATMENTS & STAY

At ONE SMALL TOWN, we hold a steadfast conviction that the fundamental right to Health and Wellness should be accessible to everyone. This foundational belief is the cornerstone upon which our commitment to serving you is built.

In pursuit of this mission, we have meticulously crafted a diverse spectrum of pricing options that cater to your unique financial circumstances.

Our aim is to ensure that our services are not only of the highest quality but also adaptable to fit your budget seamlessly.

Furthermore we are excited to introduce our comprehensive insurance services and plans designed to safeguard you and your family's well-being, not just when you visit our Ras El Matn ONE SMALL TOWN Health Center but also when you seek care at any of our affiliated centers worldwide. Our insurance does not exclude anyone nor any disease.

Our overarching objectives encompass the provision of competitive pricing structures, delivering unparalleled coverage for the Health and Wellness services we offer, and potentially introducing flexible payment arrangements and lifetime options.

Your comfort and peace of mind are our utmost priorities, and we are dedicated to achieving this perfect synergy of accessibility and excellence in care.



# FOSTERING UNITY BEYOND OUR HEALTH CENTER

## Global Collaboration and Local Harmony

At Ras El Matn Health Center, we want our clients to understand that the benefits of Contributionism go beyond the walls of our Health Center. Both internationally and locally, the entire ONE SMALL TOWN community will ensure that you benefit from the very latest in medical care, and enjoy a unique experience where everyone is mobilized to bring you the very best.

A pivotal aspect of Contributionism is its potential for global cooperation. By engaging with international clients, we can collaborate with medical professionals and institutions worldwide, facilitating knowledge exchange, fostering valuable research partnerships and expanding our global network beyond client care.

Contributionism also extends to the entire Ras El Matn community, where the spirit of giving and receiving thrives.

This philosophy unites both contributing members and all residents of our town, enabling us to offer a wide range of services that enhance your well-being and overall experience.

Simultaneously, our ONE SMALL TOWN Health Center contributes to the economic growth of the Ras El Matn community. You do not only invest in your health, but also support the local economy through accommodation, transportation, catering

and tourism activities. This positive economic impact benefits all residents, strengthening the bonds within Ras El Matn.

In essence, our Health Center catalyzes collaboration, economic prosperity and community development. Through Contributionism, we are not only putting human interests back at the center of our actions, but we are also changing the Health and Wellness landscape and enriching the lives of all in Ras El Matn.



# INTRODUCING OUR TEAM



**Dr. Antoine Hage**

**Biomedical Engineer & Equipment Consultant**

Is a Biomedical Engineer with 4 decades of experience in building, setting and implementing hospitals and health care centers including 10 hospitals from contracts received from the World Health Organization (WHO). Associate with American University Hospital of Beirut (AUH) for Lasik Center for more than 15 years. Associate with Aachen University – Germany for training Dentists to obtain Mastership in Laser Specialty.



**Dr. Noha Nassar**

**Dermatologist & legal representative**

Representing us in the ministry of health .A Dermatologist that was the pioneer in introducing, non-invasive laser technology with more than 30 years of experience. Licensed to train and certify.



**Dr. Nadia Hamade-Saad**

**Head of Protocol & Coaching**

Has a PHD in integrative medicine. Brings a highly advanced method of frequency and quantum health to treat and cure. Including Royal Rife technology and German New Medicine.



**Dr. Ramzia M El-Annan**

**Director of medical ozone, oxygen and occupational therapy.**

Dr Ramzia is American board certified as a Doctor of Clinical Pharmacy and certified medical Aesthetic Practitioner. She is an International instructor at the Swedish board and the German Academy of medical Aesthetics. She specializes in departments that include, ozone, oxygen therapy, Carboxytherapy, laser, stem cell therapy, platelet rich plasma (PRP) treatments, liposuction and detoxifying.



**Dr. Christina Maria Nagtegaal**

**Head of coordination & counselling**

She has been working as a Holistic Health Practitioner for over 25 years. A profound Spiritual Healer since childhood. Graduated as a Doctor Veterinary Medicine (DVM) at the University Utrecht in the Netherlands. She is a coordinator & counselor for HC REM.



**Dr. Nidal Makarem**

**Head of Dentistry & Center management**

Is an Orthodontist and Dent Facial Orthopedist, expert dentist, lead a team of 3,000 Dentists in the public sector of Venezuela, has been working on liberating humanity from chemicals, and unnecessary metals like mercury and aluminum.

# TEAM CONTINUED



**Dr Halim El Ammourey**

Head of Surgery and Maxillofacial

PHD, Dr. Halim El Ammourey is a certified, licensed Oral-Maxillofacial, Implantologist, and Plastic Surgeon. Owned and directed a polyclinic in Ukraine and Lebanon. Gnathology, cosmetic dentistry, dental anatomy, forensic dentistry, geriatric dentistry, restorative dentistry, and dental anesthesiology.



**Dr. Lama Gharzeddien**

Head of Nutrition & Holistic Treatment

Ph.D Integrative medicine Is a Nutritionist & Dietitian, Nutritional Psychologist, health educator specialist and nutritional instructor. BS in Nutrition & Dietetics, BS in Psychology and a Master's in Clinical Psychology.



**Dr. Rania Kheir**

Head of Psychology & Psychotherapy

Is affiliated with syndicate of Psychotherapists and Psychoanalysts, with expertise in Adaptational and clinical psychology. Using advanced methods including sound and light frequencies.



**Dr Wafaa Al Zayat**

Head of Hyperbaric Protocol and Public Relations

Dr. Wafaa Al zayat is a naturopath & holistic medicine practitioner. Working with many alternative medical clinics, She is an expert in cancer and disease prevention programmes and protocols.



**Dr. Amin Kazzi**

Liaison with American University Beirut & American Hospital of Beirut

Dr. Amin Kazzi MD, is a professor of Clinical Emergency medicine & the founding former chair of the department of emergency Medicine at the American University Hospital (AUH). Chief of staff at the AUB Medical Center. Served as official advisor to the Lebanese Minister of Health, working as our liaison with AUH amongst other centers.



**Dr Makram Ayache**

Biomedical Engineer & Advanced Technologies

Dr Makram Ayache has worked directly with the US military,, Qatar government and many medical and high technology companies. He has set up several 300 bed hospitals and other medical clinics. He is also an expert in medical software and hardware. plus solar.

# TEAM CONTINUED

More than 70 Nurses, Medics and Other Health Professionals

We have an amazing team of highly trained holistic professionals, working as nurses, medics, lab technicians, food safety, machine operator, client service and more .



**Liliane Makarem**



**Hanin Aboureslan**



**Nagham Aboureslan**



**Lamar Saredine**



**Farah Aboulhosn**



**Ali Salha**

# A NEW WAY TO INVEST

## ONE SMALL TOWN INVESTOR TOKENS

**ONE SMALL TOWN** has created a unique new way for investors and OST members to invest into OST businesses around the world with **INVESTOR TOKENS**. OST is rapidly becoming an innovator in many sectors, creating new

and exciting ways of doing things every step of the way.

The **Ras El Matn Health Center** is the first of our OST businesses and the first investment token of this kind. There will be many more in the months and years to come.



## BENEFITS OF TOKENIZING YOUR INVESTMENT

- Tokenizing the investment creates a highly versatile commodity, with various new revolutionary ways to exchange, trade and sell your investment tokens.
- A safe and secure way for investors to empower small towns.
- Allows large and small investors equal access to buy tokens and become profit shareholders.
- Each token is an asset-backed investment.
- A safe new way for small towns to crowd-fund their own businesses.
- Each token is a private and secure investment made easy.
- The kind of investment that benefits everyone involved.
- A simple and profitable way to empower communities.

## OST INVESTOR TOKENS

### SAFE AND SECURE – HOW DOES IT WORK?

- Investments are done via our unique OST Investor Tokens.
- Each new OST business is funded by issuing a unique investor token which is linked to that specific business.
- Each group of investor tokens collectively represent 30% profit share in the business they represent – in this case the Ras El Matn Health Center.
- The tokens are minted on the OST private Platform as NFTs (non-fungible tokens) because each token has a unique alphanumeric code attached when it is created.
- The value of the token will keep rising with the increasing value of the business.

## WHERE DO I BUY TOKENS?

### HOW ARE TOKENS STORED SECURELY?

- OST tokens can be bought or sold by OST members on the private OST platform.
- Acquired tokens are held in your OST Digital Wallet in your member's account.
- Tokens can never be held by someone who is not an OST member.
- The number of tokens you hold represents a proportional fraction of the total number of tokens issued for a specific business.
- All tokens are bought and sold on a willing seller – willing buyer principle.
- **Dividends are paid out annually to token holders based on the number of tokens they hold.**

## WHAT CAN YOU DO WITH YOUR TOKENS

- You can send tokens privately to any OST member for free, from wallet to wallet.
- You can give your tokens to friends or family as long as they are members.
- You can exchange your tokens for other items of value among OST members, such as food, clothing, fridge, bicycle, car, house, etc.
- You can place your tokens for sale on the OST platform, to willing buyers.
- All tokens are bought and sold on a willing seller – willing buyer basis.
- Once you accept investor tokens into your digital wallet, whether they are bought, or gifted to you, you are automatically bound by the same terms and condition of sale and purchase, applicable to OST tokens.
- You will receive an annual payout from the respective business, based on the number of tokens you hold.

**IMPORTANT:** OST tokens can never be lost or stolen because of their unique alphanumeric code, and because they are linked to your member's account.

# INVEST NOW!

## Buy Health Center Investor Tokens

There are **1 million Health Center tokens available at \$5.00 USD** each.



- **Issued tokens represent 30% net profit of the business.**
- OST will NEVER issue any more of these specific tokens.
- The minimum investment in the Health Center, is \$100 USD or 20 tokens.
- There is no maximum limit obtainable by one investor, up to the total number of 1 million tokens available.
- **Dividends are paid out annually to token holders based on the number of tokens they hold.**

## HOW TO BUY

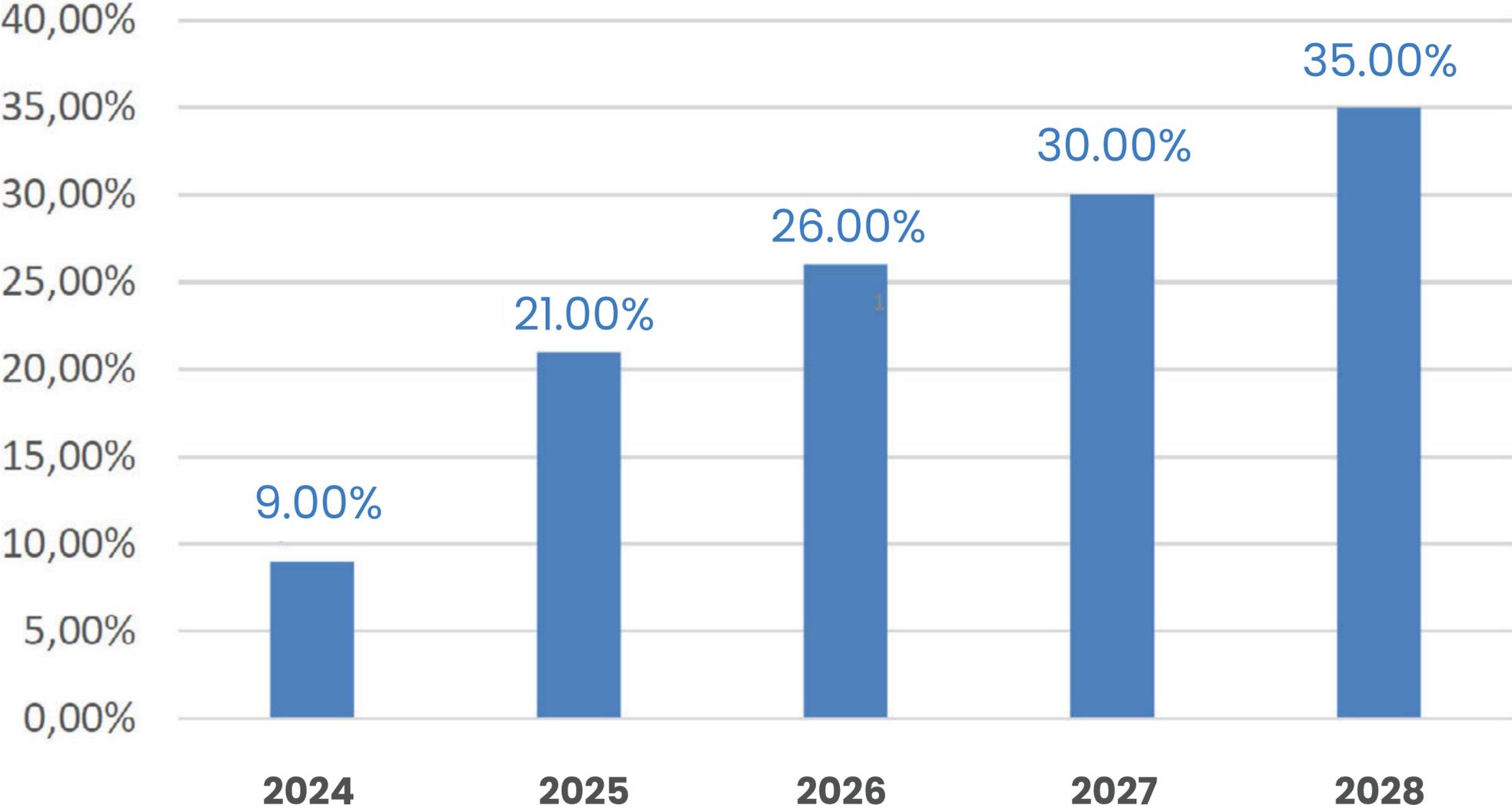
### Step by Step Guide

Go to the OST website [www.onesmalltown.org](http://www.onesmalltown.org) and follow these steps carefully.

1. **Click on BECOME A MEMBER** – this takes you to the OST Platform landing page.
2. **Click BECOME A MEMBER again** – follow the simple steps and take your time to fill in the required details accurately to become a member.
3. **Please be Patient and Diligent.**  
It is important to fill the details very accurately. This is a financial transaction so the details must be extremely accurate. If there are discrepancies, it may cause complications later.
4. **Once you have signed up** – Go the OST Platform landing page again.
5. **Log into your OST Membership account** – use the email and password you used to set up the account.
6. **Click on MY WALLET**
7. **Click Buy Tokens**  
Choose Ras El Matn – Health Center Token
8. **There are TWO ways to pay.**
  - a. **Card Payment** – follow simple instructions as with any other online card purchase.
  - b. **Direct Bank Transfer** – For investments larger than \$9,000 USD we propose a Direct Bank Transfer into the OST Bank of America account – details are in the payment gateway in your OST Wallet.  
**NOTE:** For larger placements and personal service please email [contact@onesmalltown.org](mailto:contact@onesmalltown.org) or [supportplatform@onesmalltown.org](mailto:supportplatform@onesmalltown.org)
9. **Once you complete the payment** you will receive an email confirming your token purchase.
9. Transactions may take up to 7 days to complete, depending on the bank and transaction regulations.
9. Check your digital wallet to ensure your tokens have been allocated.

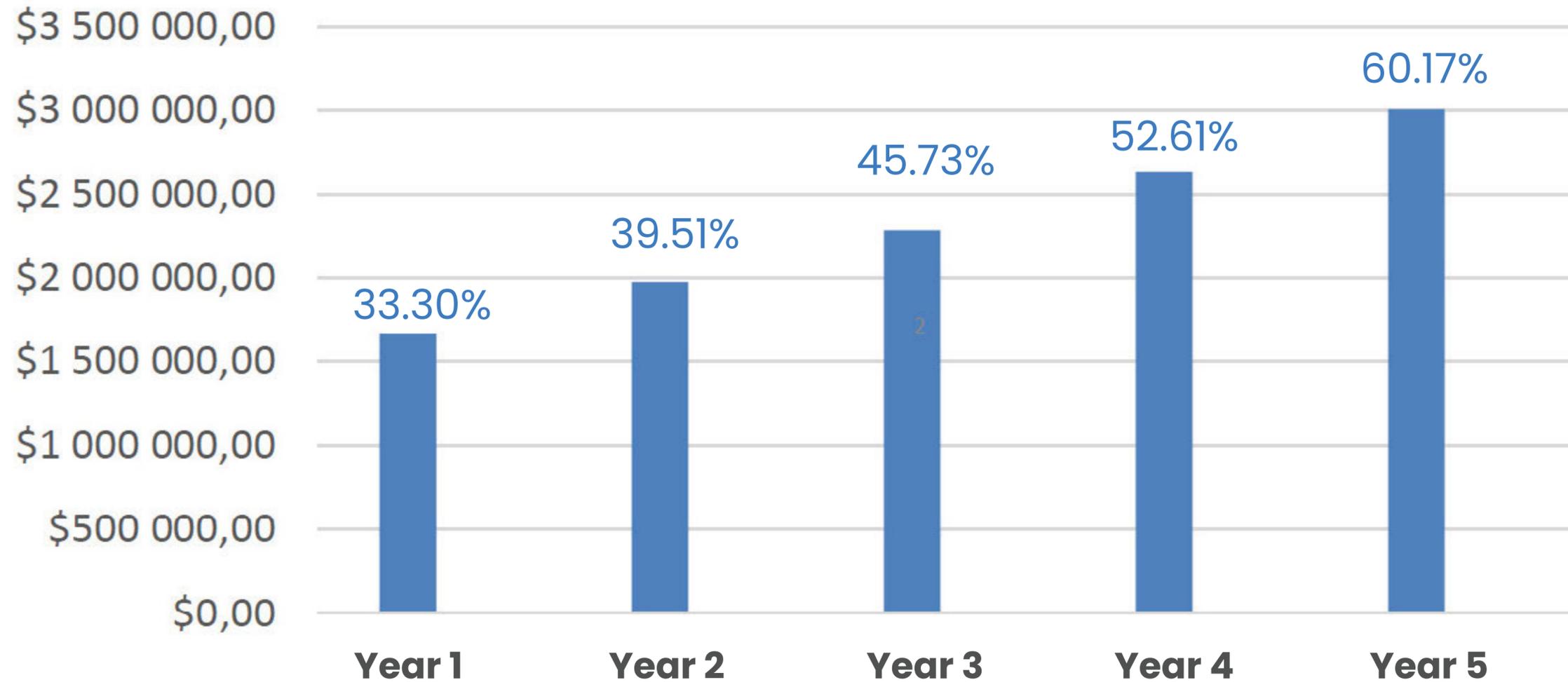
**SUPPORT:** For any queries regarding token purchases or membership accounts please email [supportplatform@onesmalltown.org](mailto:supportplatform@onesmalltown.org)

# EXPECTED ANNUAL DIVIDEND DISTRIBUTION



- 30% of all dividends distributed to Ras El Matn Health Center Token holders.
- Up to 60% of all dividends distributed to the community and community projects.
- 10% of all dividends distributed to OST Office.

# EXPECTED NET PROFIT MARGIN



- Semi-Annual Management Report provided.
- Annual Audited Financials provided.

# WE THANK YOU SINCERELY for your interest in our Health Center.

We hope you enjoyed what you discovered about our health services, and look forward to counting you among our valued clients.

If you wish to participate as a founder in our Health Center by becoming an investor, or you would like to find out more about our ONE SMALL TOWN HEALTH CENTER RAS EL MATN, contact our Ambassador, Fayez Moukarim.



## One Small Town IS CHANGING THE WORLD

**Please Feel Free to Contact  
ONE SMALL TOWN's  
Ambassador for Lebanon.**



OST Ambassador for  
Lebanon Fayez Moukarim



[Lebanon@onesmalltown.org](mailto:Lebanon@onesmalltown.org)



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